

**Omnia M. Samra-Latif Estafan MD, MPH, FACOG,  
FAARM**

**mydoctor@hamiltonwellness.org**

**CERTIFICATIONS**

- Fellow of the American Academy of Anti-Aging and Regenerative Medicine
- Fellow of the American College of Obstetricians and Gynecologists
- American Academy of Anti-Aging and Regenerative Medicine - Certification in Advanced Metabolic Endocrinology
- Institute of Integrative Medicine – Certification in Integrative Medicine
- North American Menopause Society – Certified Menopause Practitioner

**EDUCATION**

***American Board of Anti-Aging and Regenerative Medicine***

Board Certified  
December 2011

***American Board of Obstetrics and Gynecology***

Board Certified  
October 2006

***Johns Hopkins Bloomberg School of Public Health***

Baltimore, Maryland  
Masters in Public Health  
May 2005

***Drexel University College of Medicine (DUCOM)***

Philadelphia, Pennsylvania  
Obstetrics/Gynecology Resident  
June 2002

***University of Medicine and Dentistry of New Jersey – New Jersey Medical School***

Newark, New Jersey  
B.S./M.D. Seven Year Accelerated Medical Program  
May 1998

***New Jersey Institute of Technology***

Newark, New Jersey  
B.S. Engineering Science, Psychology Minor, Summa cum Laude  
May 1995

## **EMPLOYMENT**

***12/10 – present***

***Hamilton Health & Wellness Associates***

Integrative and holistic practice with focus upon functional and regenerative medicine. Health management follows the principles of Regenerative Medicine by combining both traditional and integrative medicine. Using a combination of nutritional, hormonal, physical and use of nutraceuticals to enrich and regain health and vitality for both men and women.

Aesthetic practice includes extrinsic aesthetic rejuvenation solutions such as BOTOX®, Juvederm®, microneedling, hair restoration etc. with emphasis on the principles of intrinsic anti-aging to maximize cosmetic outcomes.

***2005 – 2010 Robert Wood Johnson University Hospital, Hamilton, NJ***

Department of Obstetrics and Gynecology, Clinical Staff

- Manage multiple practice sites with a weekly schedule load of 100+ patients.
- Member of Hospital Medical Staff, participated in hospital policies, evangelize best practices of patient management updates
- Serve as lead contributor on several panels for community education

***2004 – 2004***

***Weatherby Locums Tenens***

OB/GYN Locums physician

- Hospital based practice
- Supervised and taught residents in L&D
- Clinic outpatient patient setting

***2002 – 2003***

***Drexel University College of Medicine, Philadelphia, PA***

Department of Obstetrics and Gynecology, Clinical Faculty

- Acted as Sub-internship medical student director
- Authored and provided monthly lectures to medical students on various gynecological topics
- Provided career advisement and mentoring for medical students
- Supervised and taught residents in OR/L&D
- Managed and supervised outpatient resident clinic
- Member of Physician Faculty Practice – outpatient OB/GYN

**2000 – 2005**

***MediMedia USA, Inc.***

Contributing Medical Editor for industry best practices on medical information management in OBGYN practice

## **HONORS/AWARDS**

**2002**

Association of Professors of Gynecology and Obstetrics/Parke Davis Scholar

**2001**

University Resident of the Month

**2001**

Discovery 2001 DUCOM Research Award – Second Prize

**2001**

Philadelphia Area of Reproductive Endocrinology Society Resident/Fellow Research Award – First Prize

**2001**

Review article Honorary Mention in Resident Competition, Primary Care Update for OB/GYNs

## **MANAGEMENT SERVICE**

**2005 – 2011**

***Robert Wood Johnson University Hospital-Wellness Center, Hamilton, NJ***

- Member of the Medical Advisory Board
- Regular speaker of medical lecture series for the community at large
- Leading member of community Women's Health Programs

**2001 – 2002**

***Administrative Chief of OB/GYN Residency, DUCOM***

## **COMMUNITY SERVICE**

**2005 – present**

***Robert Wood Johnson University Hospital-Wellness Center, Hamilton, NJ***

- Community Physician Educator.

**1999 – 2003**

***Drexel University College of Medicine, Philadelphia, PA***

- Mentor of Clinical Pathway for Medical Students.

**2001 – 2001**

***Department of Health, Cairo, Egypt***

- Participated in outpatient and inpatient women health care in charity hospital
- Active participant in Family Planning Council of health district
- Educated women on issues of family planning, domestic violence, breastfeeding and health maintenance

**1997 – 1997**

***Operation Smile - Thailand***

- Medical representative on mission

**PRESENTATIONS**

**2001 - present**

Speaker for American Academy of Aesthetic Medicine, Community Centers, Religious Organizations, Professional and Academic Forums on topics which include topics centered around bioidentical hormones, aesthetic medicine, functional medicine, cosmetic procedures and preventative medicine education for both men and women. Public health background with focus on teen empowerment and sexual issues.

**PROFESSIONAL AFFILIATION**

- American Academy of Anti-Aging Medicine
- American Academy of Aesthetic Medicine
- American College of Obstetricians and Gynecologists
- American Medical Association
- American Public Health Association
- Institute for Functional Medicine
- North American Menopause Society
- Tau Beta Pi Engineering Honor Society
- Albert Dorman Honors Alumni

**LISCENSURE**

- New Jersey State Board of Medicine, Medical Physician and Surgeon License
- Commonwealth of Pennsylvania, Medical Physician and Surgeon License

**RESEARCH/PUBLICATIONS**

Available upon Request