



## **AAAM LEVEL 1 CERTIFICATE COURSE**

May 15-17, 2020  
Dallas, Texas

**FACULTY: John Kim, MD (USA); Alejandro Espailat, MD (USA)**

**DAY 1: Friday, May 15, 2020. Faculty: John Kim, MD**  
**SKIN CONDITIONING AND CHEMICAL PEELINGS**

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07:30 - 08:30                      **Registration and Continental Breakfast**

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08:30 - 08:45                      **Introduction to the World of Aesthetic  
Medicine**

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08:45 - 09:15                      **Conducting Patient Consultation**

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09:15 - 10:30                      **Skin Conditioning + Skin Classification**

- Indications & contra-indications
- Side effects
- Results
- Skin regimen

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10:30 - 11:00                      **COFFEE BREAK**

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11:00 - 12:30                      **Chemical Peelings**

- Indications and Contra-indications
- Peeling agents: How to make the right selection?
  - ◆ Glycolic acid
  - ◆ Salicylic acid
  - ◆ TCA
    - Modified TCA
    - Plain TCA
  - ◆ Combined peelings
    - Jessner Peel

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12:30 - 13:30                      **LUNCH**

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13:30 - 14:45

**Management of Complications from  
Chemical Peelings**

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14:45 - 15:00

**Daily Test on Skin Conditioning and Peelings**

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15:00 - 15:30

**COFFEE BREAK**

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15:30 - 17:30

**Live Demonstrations and Hands-On Peelings**  
(Glycolic, Salicylic)

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**DAY 2: Saturday, May 16, 2020. Faculty: Alejandro Espailat, MD**  
**BOTULINUM TOXIN TYPE A and FACIAL DERMAL FILLERS**

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08:00 - 08:30 **Continental Breakfast**

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08:30 - 10:30 **Botulinum Toxin Type A**

- Introduction
- Indications and consent
- Patient selection
- Complications
- Advice pearls

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10:30 - 11:00 **COFFEE BREAK**

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11:00 - 12:15 **Dermal Fillers**

- Facial wrinkles classification
- Skin fillers
  - ❖ Introduction and types
  - ❖ Indication and consent
  - ❖ Patient selection
  - ❖ Complications
  - ❖ Advice Pearls

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12:15 - 12:30 **Daily Test on Botox and Fillers**

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12:30 - 13:30 **LUNCH**

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13:30 - 15:00 **Practical Workshop and Hands-On Botulinum Toxin A Upper Face Indications and**

- Glabella
- Forehead
- Crow's Feet

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15:00 - 15:30 **COFFEE BREAK**

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15:30 - 17:30 **Workshop on Dermal Fillers**

- Nasolabial Fold

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**DAY 3: Sunday, May 17, 2020. Faculty: Alejandro Espailat, MD  
LASERS, IPL, AND OTHER NEW TOOLS IN AESTHETIC MEDICINE**

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08:00 - 08:30                    **Continental Breakfast**

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08:30 - 09:15                    **Introduction to Lasers and Their Physics**

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09:15 - 10:00                    **Types of Lasers and Laser Safety**

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10:00 - 10:30                    **Laser Skin Resurfacing**

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10:30 - 11:00                    **COFFEE BREAK**

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11:00 – 11:45                    **Photorejuvenation Techniques**

- Intense Pulsed Light (IPL)
- Radiofrequency
- Infrared (IR) and Ultrasounds (US)
- Photodynamic Therapy (PDT) and Light Emitting Diode (LED)

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11:45 – 12:15                    **Fraxel Lasers**

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12:15 – 12:30                    **Laser Treatments for Vascular Lesions**

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12:30 – 13:30                    **LUNCH**

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13:30 – 13:45                    **Laser Tattoo Removal**

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13:45 – 14:00                    **Laser Treatments for Hair Removal**

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14:00 – 14:15                    **Body Contouring Medical Devices**

- What is available on the market today?
- How to make the right choice?

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14:15 – 14:30                    **Management of Complications from Laser and IPL**

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14:30 – 14:45

**Physical Peelings**

- Cryopeelings
- Microdermabrasion
- Dermabrasion

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14:45 – 15:00

**Daily Test on Lasers**

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15:00 – 15:30

**COFFEE BREAK**

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15:30 – 17:30

**Live Demonstration and Workshop on Lasers, IPL, and Other Systems**

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