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After completing his internship in internal medicine, Dr. Steven Silverstein received his training in ophthalmology at Tufts-New England Medical Center in Boston. Dr. Silverstein then completed his sub-specialty fellowship in corneal transplantation and external diseases at the Kellogg Eye Center, University of Michigan, where he also served as clinical professor.

As a board-certified ophthalmologist and fellow of the American College of Surgeons, Dr. Silverstein sees patients at his private practice in Kansas City, and serves as an assistant professor of Ophthalmology at the University of Missouri Kansas City Medical School, and clinical professor of Ophthalmology at Kansas City University of Medicine and Biosciences. His research has been published in major medical journals, and he lectures extensively around the world.