



Dr. Vali trained at the eminent Guy's & St Thomas' Medical School, in London and during her time there she undertook a further degree in Clinical Anatomy & Neuroscience. Further training ensued; she was awarded a specialist qualification in General Practice, and received the prestigious distinction in her membership exams from the Royal College of General Practitioners.

Dr Vali then further specialised in areas of musculoskeletal medicine, women's health, sexual health and dermatology.

Dr Vali then undertook further post-graduate qualifications in aesthetic medicine & cosmetic dermatology. She then completed many international private fellowships with heads of world-renowned clinics specializing in aesthetic medicine and cosmetic dermatology; including clinics in Los Angeles, San Francisco, South Africa, Europe, UAE and throughout the Middle East.

Dr Vali has over 10 years of educational teaching and training, she has been involved in formulating many teaching programmes included in her specialist fields and more recently in aesthetic medicine. Dr Vali has undertaken further post-graduate qualifications in medical education.

Dr Vali brings over ten years of experience in aesthetic medicine & cosmetic dermatology. She is the founder of The London Medi-Spa and has personally educated and supervised the training of doctors performing cosmetic treatments under this brand. Dr Vali carries out consulting for many brands, be it on-going product lines or new concepts in aesthetic medicine. Dr Vali is a regular speaker at many national and international conferences, not only educating on clinical aspects of aesthetic medicine but also commercial, regulatory and educational.