Omnia M. Samra-Latif Estafan MD, MPH, FACOG, FAARFM

mydoctor@hamiltonwellness.org

EDUCATION

Johns Hopkins Bloomberg School of Public Health

Baltimore, Maryland Masters in Public Health May 2005

Drexel University College of Medicine (DUCOM)

Philadelphia, Pennsylvania Obstetrics/Gynecology Resident June 2002

University of Medicine and Dentistry of New Jersey – New Jersey Medical School

Newark, New Jersey B.S./M.D. Seven Year Accelerated Medical Program May 1998

New Jersey Institute of Technology

Newark, New Jersey B.S. Engineering Science, Psychology Minor, Summa cum Laude May 1995

EMPLOYMENT

12/10 – present Hamilton Health & Wellness Associates

Integrative and holistic practice with focus upon functional and regenerative medicine.

2005 – 2010 Robert Wood Johnson University Hospital, Hamilton, NJ

Department of Obstetrics and Gynecology, Clinical Staff

- Manage multiple practice sites with a weekly schedule load of 100+ patients.
- Member of Hospital Medical Staff, participated in hospital policies, evangelize best practices of patient management updates

• Serve as lead contributor on several panels for community education

2004 – 2004 Weatherby Locums Tenens

OB/GYN Locums physician

- Hospital based practice
- Supervised and taught residents in L&D
- Clinic outpatient patient setting

2002 – 2003 Drexel University College of Medicine, Philadelphia, PA

Department of Obstetrics and Gynecology, Clinical Faculty

- Acted as Sub-internship medical student director
- Authored and provided monthly lectures to medical students on various gynecological topics
- Provided career advisement and mentoring for medical students
- Supervised and taught residents in OR/L&D
- Managed and supervised outpatient resident clinic
- Member of Physician Faculty Practice outpatient OB/GYN

2000 – 2005 *MediMedia USA, Inc.*

Contributing Medical Editor for industry best practices on medical information management in OBGYN practice

HONORS/AWARDS

2002	Association of Professors of Gynecology and Obstetrics/Parke
	Davis Scholar
2001	University Resident of the Month
2001	Discovery 2001 DUCOM Research Award – Second Prize
2001	Philadelphia Area of Reproductive Endocrinology Society
	Resident/Fellow Research Award – First Prize
2001	Review article Honorary Mention in Resident Competition,
	Primary Care Update for OB/GYNs

MANAGEMENT SERVICE

2005 – 2011 Robert Wood Johnson University Hospital-Wellness Center, Hamilton, NJ

- Contributing member of the Medical Advisory Board
- Regular speaker of medical lecture series for the community at large

• Leading member of community Women's Health Programs

2001 – 2002 Administrative Chief of OB/GYN Residency, DUCOM

COMMUNITY SERVICE

2005 – 2011 Robert Wood Johnson University Hospital-Wellness Center, Hamilton, NJ

• Community Physician Educator.

1999 – 2003 Drexel University College of Medicine, Philadelphia, PA

• Mentor of Clinical Pathway for Medical Students.

2001 – 2001 Department of Health, Cairo, Egypt

- Participated in outpatient and inpatient women health care in charity hospital
- Active participant in Family Planning Council of health district
- Educated women on issues of family planning, domestic violence, breastfeeding and health maintenance

1997 – 1997 Operation Smile - Thailand

Medical representative on mission

PRESENTATIONS

2001 - present Speaker for Community Centers, Religious Organizations,

Professional and Academic Forums on topics which include bioidentical hormones, functional medicine, preventative medicine education, public health, obstetrics, gynecology, teen

empowerment and sexual issues, and surgical procedures.

PROFESSIONAL AFFILIATION

- American Academy of Anti-Aging Medicine
- American Academy of Aesthetic Medicine
- American College of Obstetricians and Gynecologists
- American Medical Association
- American Public Health Association
- Institute for Functional Medicine
- North American Menopause Society
- Tau Beta Pi Engineering Honor Society
- Albert Dorman Honors Alumni

LISCENSURE & CERTIFICATION

- Diplomate in Anti-Aging and Regenerative Medicine Board Certified
- Fellow of Anti-Aging, Regenerative Medicine and Functional Medicine
- American Board of Obstetrics and Gynecology Board Certified
- New Jersey State Board of Medicine, Medical Physician and Surgeon License
- North American Menopause Society Certified Practioner (NMP)
- Commonwealth of Pennsylvania, Medical Physician and Surgeon License

RESEARCH/PUBLICATIONS

Article

Samra OM, Farouzan I. Migraine in Pregnancy. Primary Care Update of OB/GYNs, 3/2001.

Chapters

Samra OM, Woods E. Contraception. Emedicine.com, 6/2001, updated annually.

Samra OM, Mancini D. Vulvovaginitis. Emedicine.com, 11/2001, updated annually.

Abstracts/Conference Presentations

Samra OM, DellaBadia C. Complications of 0.5% Ferric Hyaluronate Gel. AAGL, Miami, Florida, 11/02.

Plante LA, Samra OM, Evans MI. Postcesarean Wound Complications in HIV+ Women. Society of Gynecological Investigations 49th annual meeting, Los Angeles, California, 3/02.

Minassian SS, Hudson AP, Gerard H, Samra OM. Subclinical Cervical and Endometrial C. Trachomatis Infection in Infertile Women. Society of Gynecological Investigations 48th annual meeting, Toronto, Canada, 3/01.