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Dato Dr S. Harnam is a graduate of the University of Malaya (now known as University of Singapore). He has worked as Senior E.N.T. Consultant for the E.N.T. Department at General Hospital, Kuala Lumpur, Malaysia. Dato Dr. Harnam is currently a practicing Otolaryngologist with a special interest in Allergy and Anti-Aging Medicine. He is a founder member of the World Society of Otolaryngic Allergy and Founder President of the Malaysian Society of Allergy and Immunology (MSAI). He is currently the President of Society for Anti-Aging and Aesthetic Medicine Malaysia (SAAAMM), and is the Second Vice President of the World Society for Anti-Aging Medicine (WOSAAM). He is a Board Certified Physician of the American Board of Anti-Aging and Regenerative Medicine (ABAARM) and is on the Advisory Board of Anti-Aging Medicine & Research (AMAR) India.