



CURRICULUM VITAE

Dr Riekie Smit (ID/ Passport name Maria Smit)

MBChB (UFS). MSc Sports Medicine(University of Pretoria)
Advanced Diploma in Aesthetic Medicine (FPD) – CHE accredited

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SHORT BIO:

Dr Riekie Smit

MBChB (UOFS). MSc Sports Medicine(Pret) Adv Dip Aesth Med (FPD)

Dr Smit has a private practice with two clinics in Pretoria, South Africa. Her focus of her practice is aesthetic and skin treatments. Dr Smit is the founder and ex-officio president of the Aesthetic and Anti-aging Medicine Society of South Africa, president member of the International Union of Aesthetic Medicine and chairperson of the Aesthetic Medicine Congress of South Africa. She is an international trainer on aesthetic medical subjects and a keen author of articles and scientific publications. Her field of expertise includes facial shaping and skin rejuvenation with Botulinum toxin and Fillers, Chemical peels, Mesotherapy, PRP, Lasers and LED. Dr Smit is the course developer for the formally recognized Advanced Diploma in Aesthetic Medicine in South Africa. She is also a faculty member of the American Academy of Aesthetic Medicine training doctors in Asia, Africa, Europe and UAE. Member of International Peeling Society and International LED Academy.

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PO BOX 1190 MONTANA 0159, Pretoria, South Africa

FULL CV

Education:

- **MBChB** 2000 University of the Free State
- **MSc Sports Medicine** 2003 University of Pretoria
- **Advanced Diploma in Aesthetic Medicine** 2012 Foundation for Professional Development. *Advanced Diploma recognized by Council for Higher Education.*
- Residency and internship: Pretoria Academic Hospital and Kalafong Hospital, Pretoria
- Further post graduate training in Aesthetic Medicine procedures, France and Italy, 2004 – 2015: Advanced Chemical Peelings, Masters Course in Aging Skin, Advanced Cadaveric Anatomy, Advanced Facial Contouring Threads, LED Academy courses.

Societies/ Memberships:

- **Ex-officio currently AAMSSA 2017. Past President AAMSSA 2006 - 2016:** Aesthetic and Anti-aging Medicine Society of South Africa.
- **President member** of UIME (Union International de Medecine Esthetique) 2006-2016
- **Membership:** SAMA, HPCSA, AAMSSA, AAAM, LedAcademy, International Peeling Society
- **International Faculty Member of the AAAM** (American Academy of Aesthetic Medicine) for Botulinum Toxin, Dermal Fillers, Skin, Peelings, Lasers and light based courses, Mesotherapy
- **International LED Academy/ European LED Academy – Southern Africa Advisor**
- **Scientific Advisory Committee** for the development of chemical peelings in France 2011 – 2014.
- **Course Program Coordinator & Developer** for the Advanced Diploma in Aesthetic Medicine at the Foundation for Professional Development (FPD)

Current position:

- Private medical practice, Pretoria
Aesthetic Procedures, medical consultations and special interest in photo-aging, PDT therapy, scars, wound healing, chemical peels and skin pigmentation
- Course Developer and Lecturer at the FPD for Advanced Diploma in Aesthetic Medicine
- Chairperson of the Scientific and Organizing Committee of the Aesthetic Medicine Congress of South Africa (AMCSA) 2004 - 2014
- Past Chairperson of the Scientific and Organizing Committee 19th World Congress of Aesthetic Medicine 2013

- Medical Consultant and advanced training for aesthetic medical procedures
- Physician training seminars for various pharmaceutical companies.
- Author and editor for medical literature

Publications:

- Academic Book Publications:
International book developed for academic purposes and prescribed at universities co-authored
 - Redaelli A. **Facial Aging** by OEOFirenze 2012 – Two chapters written
 - Chapter 3 – The Skin and its pathology – R Smit
 - Chapter 10 – Chemical Peels – superficial, medium, deep – R Smit
 - Redaelli A.: **The Botulinum Toxin A in Aesthetic Medicine, for the treatment of Hyperhidrosis and in Odontostomatology: basic principles and clinical practice.** OEO-Firenze, 2nd edition 2013.
 - Chapter: Ethnic variations for botulinum toxin injections – R Smit
 - EDITOR & Author **MIMS Handbook of Aesthetic Medicine** – 1st edition 2014.
 - Author of chapters: Cellulite; Cutaneous Photo-aging. **MIMS Handbook of Clinical & Aesthetic Dermatology** Edition 2016.
 - Author of chapter: Alessio Redaelli and Suarez Bigetti. **Mesotherapy. Basic principles and clinical practice.** OEOFirenze publishing 2016.
 - Author of chapter: Photo-aging lesions including solar keratosis. **MIMS Handbook of Geriatric Medicine** Edition 2017.
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- Scientific papers - 10
- Congress Presentations – >50
- International presentations – 60+
- Editorial board of medical/ scientific journals - 5
- Medical articles for journals – 20+

Awards: Golden Key International Honour Society

Other Diplomas, Courses and Congresses:

BLS, ACLS, PALS, ATLS

Sports Nutrition, part time course, UK, 2001

Sports Homotoxicology 2001

SFME – Aesthetic and anti-aging medicine – Paris, 2005

Advanced Aesthetic Medical course – Face- EMAA, Paris, France, 2006

Advanced Body course 2006, Paris, France.

European Masters in Aesthetic and Anti-Aging Medicine, 2006

Botulinum Toxin practical course 1(beginners - 2001) and 2 (international advanced), March 2007, France

Advanced chemical peeling training, Nice, France, November 2007.

Theoretical and practical training on performing medium and deep peels – 5 day training course with international accreditation.

Expert2Expert course, Paris, France, April 2008. Advanced Chemical Peels, Advanced Botulinum toxin courses

International Masters Course in Aesthetic medicine and Surgery 2006 – 2012 – attendance and presentations/ lectures.: Presentations on advanced chemical peelings.

17th World Congress of Aesthetic Medicine 2009 Vancouver, Canada. Invited as a speaker on the topic of using chemical peels in combination therapy protocols.

18th World Congress of Aesthetic Medicine 2011 Beijing, China. Invited to presented on choosing the correct chemical peel protocols and dar circles under the eye management.

Aesthetic Medicine Congress South Africa 2006 – 2014, presenter and trainer on filler procedures and chemical peels, LED, skin aging

Anti-aging Medicine World Congress – presenter 2007- 2017 every year

Russian Aesthetic Medicine Congress – 2010 & 2013 – presenter on chemical peels and the use of peelings for stretch marks

European Masters in Aesthetic medicine – lecturer on the topic of medium depth chemical peels – 2011, 2012

FACE2FACE congress, Cannes France. November 2012 - 2017. Invited as an expert speaker on the topic of chemical peelings in combination with lasers and LEDs.

International scientific committee for Face2Face congress.

American Academy of Aesthetic Medicine Faculty Member:

International Board Certification courses Faculty Member 2009 - 2017.

Teaches doctors in Sydney (Australia), Bangkok (Thailand), Kuala Lumpur (Malaysia), Cairo (Egypt), Dubai (UAE), Singapore, London (UK), Hong Kong, Europe for both level 1 and level 2 certification courses in the topics of Chemical Peels, Botulinum Toxin, Fillers, Lasers and Lights and Advanced Aesthetic procedures.
