

Dr Craigie Golding, MD, ABAARM, FAARFM, FICT, FCP (SA), MS USF, Member: NUGO, AAAM is a Specialist Physician, Anti Aging Physician and the chief medical advisor in private practice at 65 Central Street, Block B, Houghton Estate in Johannesburg, South Africa where he practices integrative medicine combining natural medicines, nutraceuticals, bio-identical hormones, intravenous treatments, allopathics (where needed) and many other medical biotechnologies to enhance the health of his clients.

Dr. Golding qualified as a medical doctor 1993 Cum Laude. He is a fellow of the South African College of Physicians and qualified as a specialist physician in 1999. He practiced as a specialist physician at the Rosebank Clinic for 8 years, taking charge of their Intensive Care Unit for several years over this period. His interest in integrative, functional and anti-aging medicine began about 10 years ago when he realized that simply managing disease and not making people well was not enough.

Dr. Golding has board certification from the American Board of Anti-Aging and Regenerative Medicine (ABAARM). He has completed his advanced fellowship in anti-aging, functional and regenerative medicine with the American Academy of Anti-Aging Medicine (FAARM).

Dr Golding has completed a certification in chelation therapies with ACAM (American College for Advancements in Medicine) and is also a member of their organisation. He has completed a masters qualification in Medical Sciences with a concentration on Metabolic and Nutritional Medicine with the University of South Florida. He has also completed a Fellowship program in Integrative Cancer treatments in the USA in August 2010. He has also completed a certification course in nutrigenomics (NUGO in Europe). This particular certification is a 4 module course on nutrigenomics, polymorphisms, proteomics and metabolomics.

Prior to completing his fellowship as a specialist physician, he was awarded the Akromed prize for the best student in Psychiatry, the Horrace Wells medal for the best student in Anaesthetics, and the Maybaker prize for the best progress in Pharmacology as an undergraduate student.

Dr Golding is a faculty member of the postgraduate aesthetics society of south Africa, AAAM, FAIM chairman.