

Binju Joel, MD, FOMA, is the founder of **Joel Wellness Clinic**, a multispecialty medical practice with locations in Ann Arbor and Livonia, Michigan. Dual board-certified in **Internal Medicine and Obesity Medicine**, Dr. Joel brings more than two decades of clinical experience to her practice, specializing in the diagnosis, treatment, and comprehensive management of **lipedema**.

Dr. Joel completed residencies in Internal Medicine and Preliminary Surgery at St. Joseph Mercy Health System in Ann Arbor, Michigan. Throughout her career, she has contributed to research published in respected medical journals, participated in medical mission work around the world, and remained committed to advancing evidence-based, whole-person care.

A dedicated advocate for greater recognition and understanding of lipedema, Dr. Joel has emerged as a leading voice in lipedema education, clinical care, and provider collaboration. In partnership with the **Lipedema Foundation**, she founded a **Lipedema Provider Roundtable**, creating a forum for clinicians to exchange knowledge, share best practices, and work toward improving outcomes for patients with lipedema. Joel Wellness Clinic was also the **first clinic to enroll in the Lipedema Foundation's Biobank**, contributing to ongoing research aimed at advancing the understanding, diagnosis, and treatment of this historically underrecognized condition.

Dr. Joel was recently nominated to serve on the **Medical Committee of the Lipedema Society**, joining an internationally recognized group of experts working to advance clinical knowledge and establish updated standards of care for lipedema in the United States.

Education remains central to Dr. Joel's mission. She actively seeks opportunities to increase lipedema awareness among healthcare professionals and equip clinicians with practical tools for earlier recognition and effective treatment. Her educational work has included presentations at **The POWER Symposium (POWER Lymphatics)** and **Trinity Health/St. Joseph Mercy Health System**, as well as leading a provider roundtable through the **Obesity Medicine Association (OMA)**. Dr. Joel is also actively involved in **resident education and training, teaching comprehensive lipedema care and evidence-based obesity management to the next generation of physicians**.

Through clinical care, research collaboration, physician education, and advocacy, Dr. Joel is committed to ensuring that lipedema is recognized earlier, understood more fully, and treated with the comprehensive, evidence-based care that patients deserve.



Selected Peer-Reviewed Publications

Keshamouni VG, Reddy RC, Arenberg DA, Joel B, Thannickal VJ, Kalemkerian GP, Standiford TJ. *Peroxisome Proliferator-Activated Receptor-Gamma Activation Inhibits Tumor Progression in Non-Small Cell Lung Cancer.* **Oncogene.** 2004;23. Division of Pulmonary and Critical Care Medicine, University of Michigan, Ann Arbor, Michigan.

Jefic D, Joel B, Good E, Morady F, Rosman HS, Knight BP, Bogun F. *Role of Radiofrequency Catheter Ablation of Ventricular Tachycardia in Cardiac Sarcoidosis: Report from a Multicenter Registry.* **Heart Rhythm.** 2009;6. Department of Cardiology, University of Michigan, Ann Arbor, Michigan.